

YourFamilyDoc

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YourFamilyDocArlington.com

July 17, 2020

To Whom It May Concern:

Ms. Rebecca Rodgers, DOB 9/4/78, was evaluated in my office 7/15/2020. She has a long history of generalized anxiety that has markedly increased with the COVID 19 pandemic. Compounding her anxiety is having to wear a mask in public as mandated by local ordinances. Mask wearing has raised levels of claustrophobia, feelings of shortness of breath and chest heaviness, and she feels strongly it is compromising her personal health. With this, she is advised to follow an exemption to mask wearing on medical grounds. If you have further questions, please contact us at (682)238-3090.

Sincerely,

*John B. McClain MD*

John B. McClain, MD

