Austin Civilian Conservation Corps Core Curriculum Equity Modules 2022

City of Austin, Parks and Recreation Department, Office of the Director Assembled by Kerstin Johansson, LaJuan Tucker, & Sona Shah

RECORD THESE SESSIONS TO USE FOR OTHERS?

ACCC Mission and Vision

Who we are

We are the next generation Climate Corps

Vision

We envision and model a transformed work culture in which we,

- Care for ourselves, others, and the planet;
- Dismantle supremacist systems that operate upon us and within us; (from Allied Media)
- Support leadership that represents the communities we live in and collaborate with;
- Adapt to changing circumstances and address the most pressing environmental and social challenges, (currently climate change & displacement)

Mission

Prioritize equity in green workforce development. Expand the narrative of green vocations.

- Examine and shape change in work cultures;
- Build more equitable pathways to employment and organizational leadership and entrepreneurship, and strengthen networks of support for those most impacted by a changing climate;
- Cultivate and fairly compensate the next generation of leaders;
- Invest in people and projects that have direct impact on climate justice



ACCC Curriculum Overview



Core Areas: Health & Wellbeing, <u>Equity</u>, Civic Engagement, Environmental Sustainability, & Employment Readiness

Why We Focus on Racial Equity

Race is the biggest predictor of life outcomes - housing, employment, education, life expectancy, health...

Equity: when race is no longer the biggest predictor of life outcomes.

The City of Austin recognizes historical and structural disparities and a need for alleviation of these wrongs by critically transforming its institutions and creating a culture of equity. The City recognizes that race is the primary determinant of social equity.

Equity Curricular Outline

To transform to a culture of care and advance race equity the modules aim to: normalize talking about race & develop our group & individual racial analysis tool/perspective, operationalize what we learn & put it into daily practice, and organize by connecting and building a network in PARD and beyond. It works to address oppression and racism at personal, institutional, structural, and systemic levels. It is designed to support people develop their racial equity lens and move up the "scale" (DO we want to include this?).

This curriculum builds off the work of many others' work, energy, care, and talent (ADD resources & ACKNOWLEDGMENTS slide at end). It honors and builds off the work of our ancestors. (wording?)

Pre Survey

Module 1: Introduction

Module 2: History: City of Austin

Module 3: Implicit bias & microaggressions

Module 4: Intersectional identity & storytelling

Module 5: White organizational culture to a culture of care

Module 6: Resiliency & Racial Healing

Ongoing sessions to revisit topics from modules 1-6, and other topics

Pathway specific equity module

Post Survey

Schedule

Module 1: Introduction - Tuesday, June 7th 12:00-1:30PM, Sona & Kerstin (in person)

Module 2: History: City of Austin Weds, June 8th 2:00-3:30PM watch video, Kerstin facilitate

2.5 -Debrief Session : Friday, June 10th 9:30-11:00AM - Kerstin, LaJuan, Sam? (switched to virtual))

Module 3: Implicit bias & microaggressions (adapted from Autumn's & Keree's) Tuesday, June 14 12:30-2:00PM—(in person) LaJuan,Kerstin there

Module 4: Intersectional identity & storytelling , Weds, June 15 12:00-1:30? (in person)

Module 5: Culture: white organizational culture Thurs, June 16 2:00-3:30PM (Remote)

Module 6: Resiliency & Racial Healing (2 sessions in July with Carmelita) (Remote)

Ongoing sessions to revisit topics from modules 1-6, and other topics

Pathway specific equity module

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Race
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

Module 1 Introduction to Equity

Objectives: All will be able to:

- Understand why we lead with race
- Define and explain the difference between equality and equity
- Share thoughts and questions about Parks & Recreation Department (PARD), ACCC and race equity

Sona Shah, Equity & Inclusion Program Manager



Outline

- 1. Introductions: facilitators & members
- 2. Pre Survey
- 3. Review PARD Temp NEO equity module
- 4. ACCC Equity
- 5. Group discussion

Community Agreements



- Stay engaged
- Lean into discomfort
- Own your learning
- Own your impact
- Expect/Accept non-closure
- Confidentiality

Review Module from New Employee Materials

Slides - start at slide 6 https://docs.google.com/presentation/d/1vHHacD5N9unuUAec7LGKWjEmY BOQzpdTmUleC23dBas/edit?usp=sharing

video of Equity Module (15 mins)

ACCC Equity

How do we center equity?

Review mission, vision, & curricular outline

Group Discussion - small groups

How do you feel about this?

What stands out to you?

What clarifying questions do you have?

What are you curious to learn more about?

Team leads share their thoughts and feelings on these topics.

Closing

- Gratitude
 - General for the time together and the space we created today.
 - Specific shoutouts
- The next session will be about Austin's history of systemic racism and will be Weds at 2pm remote. Mindfulness activity (inspired by work of Resmaa Menakem or Ruth King)
- - 4-4-6 breathing
 - Body scan
 - Sunlight filling your body
 - Grounded-sitting or laying
 - Gratitude
 - Joy

Module 2 History: City of Austin & PARD History

Objectives: All will be able to:

- Gain some historical context of Austin and how history has shaped the disparities we see today
- Write down thoughts and questions for our debrief session on Friday

Outline

Today

- 1. Introductions & agreements
- 2. Go over equity curriculum (slides 2-4)
- 3. Watch a video alone/in groups
- 4. Closer

Friday: Reflection Discussion

- 1. Introductions: facilitators & members (just name & pronouns)
- 2. Go over equity curriculum (slides 2-4)
- 3. Group discussion

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

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Content

Each person write down the discussion questions from next slide. Save these for Friday.

Choice for watching the video- whole group? Small? Individually Internet can be challenging? Asked to be accountable to being engaged/present.

Mindfulness time- this content can be heavy, sad, triggering and bring up a lot of stuff. Facilitators/team leads share what helps them stay present/engaged? Take 5 mins to center/break/move...

Video https://austin.uli.org/uli-resources/history-of-local-systemic-real-estate-inequalities/ (1 hour)

<u>Slides</u>

Whole group—Closing

Discussion Questions

- What stood out to you as new/shocking/different from your previous thinking?
- What are you feeling? (take time to feel, process together)
- How do you see history (events, policies ideas has shaped the disparities we see today?
- How does this impact you? Our work together?

Share thoughts and questions

Closing

- Gratitude
 - General for the time together and the space we created today.
- Specific shoutouts
 The next session will be a discussion on this video and will be on Friday at 9:30 in person.
 Mindfulness activity (inspired by work of Resmaa Menakem or Ruth King)
- - 4-4-6 breathing
 - Body scan
 - Sunlight filling your body
 - Grounded-sitting or laying
 - Gratitude
 - Joy

Module 3

Implicit bias & microaggressions

Objectives: All will be able to:

- Recognize microaggressions come from implicit or unconscious bias
- Define & recognize examples of microaggressions
- Share examples
- Understand & practice steps to address microaggressions
- Share resiliency strategies

Outline

Brain prep- cadet graduates, we are going to ask what you remember from your 4 sessions during school! Please be ready to share. Sona, LaJuan & I facilitated these sessions.

- 1. Introductions
- 2. Go over equity curriculum (slides 2-4)
- 3. Implicit Bias & Microaggressions
- 4. Closing

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
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- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

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Implicit Bias

Definition

Negative unconscious prejudices, stereotypes, or beliefs held by a person that they may be unaware of having. Despite this unawareness, implicit biases are often expressed in real-life situations through a person's actions and attitudes and thus have real-world implications.

Our biases drive 99% of our behaviour.





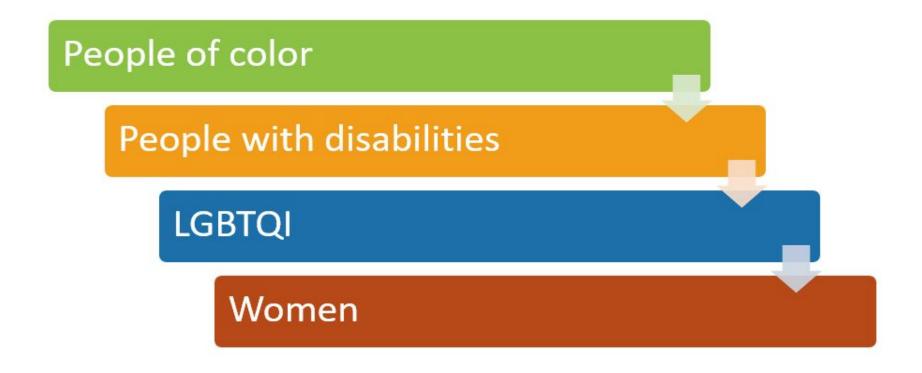
Microaggression

Definition

Small daily insults & indiginities perpetrated against marginalized or oppressed people because of their affiliation with that marginalized or oppressed group.

What does Marginalized mean? What does oppressed mean? What are examples of marginalized or oppressed groups?

Micro-aggressions are a reality to:



Can be a lot of things

- Words
- Body language & facial expressions
- Images
- Objects

They are **cumulative**, or they add up

They are often unacknowledged





Source: https://dpi.wi.gov/sites/default/files/imce/excforall/Facilitators_Guide_for_Unit_3_Session_3_Color_Blindness_1.pdf

Breakout Groups

Reflect on what we have discussed so far. Share your own experiences.

Addressing Microaggressions

If you are on the receiving end....



PAUSE



Think Before your React

- Did this microaggression occur?
- Should I respond to this? Is it safe for me?
 Do I have the energy?



Use Emotional Intelligence

• How should I respond to this microaggression?

Addressing Microaggressions: **Aggressor/committing**

Acknowledge that you are.

Remember your intent is not the point.

The impact of your words are what matters.

If you decide to take ACTION

Take this is a learning experience & **change your words/behavior in the future.**

Apologize if you think the apology will support the person harmed (do not apologize to make yourself feel better).

- Ask permission, "Can I offer you an apology?" "Can I share something I think may have been harmful to you and offer an apology"
- DO NOT
 - force the other person to acknowledge your good intentions.
 - ask for forgiveness!
 - have the person support you/turn yourself into the victim!
 - Use phrases like, "I am sorry you are feeling upset" (that makes it wrong for the other person to feel)
- Commit to not repeating your harm

Apologizing Examples

DO NOT - "I'm sorry you feel hurt" Instead "I am sorry I hurt you"

"I think I said something that might have harmed you. I'm sorry for saying/doing _____.I am guessing that was hurtful, and I am sorry for hurting you. What was it like for you? "

"Ooo dang, I just committed a microaggression. That was super lame I just assumed ____ about you. I am sorry for the harm I might have just caused you. I have reflected on that and will definitely not be saying/doing that in the future. Do you want to share anything with me? Is there anything I can do to support you?"

"Can I share something I think may have been harmful to you and offer an apology? I acted surprised and said "you don't speak Spanish?!". I realize that I had some bias and assumed because of your Latinx identity that you spoke Spanish. I thought about that comment and realized that my comment could be harmful and make you feel othered/bad. I am sorry for assuming and making you feel bad. Am I reading this situation right?"

Strategies to be resilient when you experience microaggressions

Facilitators share their experiences & strategies.

Each person think about self & share one strategy that is something you can start using.

Breakout Groups

Reflect on resiliency strategies. Share your own experiences.

Closing

- Gratitude
 - General for the time together and the space we created today.
 - Specific shoutouts
- The next session will be about ____ and will be on this date _____.
- Mindfulness activity, use from Resmaa Menakem or Ruth King
 - Mindfulness activity (inspired by work of Resmaa Menakem or Ruth King)
 - 4-4-6 breathing
 - Body scan
 - Sunlight filling your body
 - Grounded-sitting or laying
 - Gratitude
 - Joy

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Module 4 Intersectional identity & storytelling

Objectives: All will be able to:

- Define intersectional(ity)
- Define oppression
- Explore our identities & share our experiences (Investigate internalized superiority/inferiority as we work towards individual reconciliation)

Outline

- 1. Introductions: facilitators & members (just name & pronouns)
- 2. Go over equity curriculum (slides 2-4)
- 3. Set the foundation
 - a. Origin story
 - b. Social Identities definition-social identities internally constructed, externally applied (power, benefits, disadvantage), immutable/sticky (hard to change) Skyra—HOW do systems view you?
 - c. Intersectionality & oppression
 - d. Skyra's notes-
- 4. Stories from us
- 5. Reflection/activity/discusiion

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

Community Agreements



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I watched/listened to a few of Kimberlé Crenshaw's talks/interviews on Intersectionality:

- https://www.npr.org/2021/03/29/982357959/what-does-intersectionality-mean
- https://youtu.be/-DW4HLgYPIA
- I decided this will be the best to share in the APH Equity Academy, since it is concise, and the language in this one feels the most accessible (not to academic or jargon-y): https://youtu.be/akOe5-UsQ20
 - The whole talk is powerful, but the part up until 11:34 is where she really lays out the definition of intersectionality. The part after that is a powerful ritual of speaking the names of Black women killed by police (with tough images/brief videos shared) also important but could be triggering for some groups, so I guess just one of those times we use our discretion regarding if it feels like the right time/place to bring that into the mix.

Here is a link to a "resource packet" that we used to give out at Creative Action for our "Power, Privilege, and Oppression" workshop; it has the intersectional identity-mapping worksheet I talked about in there. I added lots of comment bubbles with more details about how I usually try to verbally set things up, and things I'd do differently now that I'm further along in my learning in this work:

https://docs.google.com/document/d/10Oax9nbjz0pS66BK82AjwZFzUFdfTrdfVaxH00k4qIQ/edit?usp=sharing

I attached another version of the worksheet we used to use at Creative Action as well.

When I eventually get a version of the Intersectiona

Intersectional(ity)

- was a term that Dr. Kimberlé
 Crenshaw (law professor, civil rights advocate and scholar)
 created.
- Others, including scholars
 Audre Lorde, Angela Davis, and
 Gloria Anzaldúa have discussed intersectionality in other terms and theories as well.



Intersectional Defined

Intersectional(ity) means having multiple realities and identities that intersect (or come together) to make us who we are. Our multiple identities affect the way we experience the world and the oppressive challenges we face are unique to who we are.

Intersectional



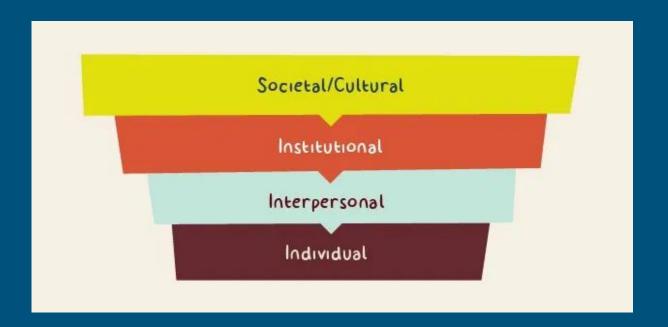
Skin Color

Oppression & Marginalized Defined

Oppression means that groups of people seen as "superior" use their power to control other groups of people that are seen as "inferior" or "less than". Oppression allows those in charge or seen as "superior" to control resources (education, finances, etc.) and deny other groups access and choice. This has long term negative effects and can prevent those that are oppressed from reaching their full spiritual, emotional, physical, and psychological well-being and potential. (Adapted from: Arcus Center for Social Justice Leadership)

Marginalized to an unimportant or powerless position within a society or group

Oppression Defined



Facilitators Share



Define privilege that lead to blindspots

ACTIVITY possibilities—be intentional about this - do NOT want to ask POC or folks with compounding marginalized identities to "Be on display"

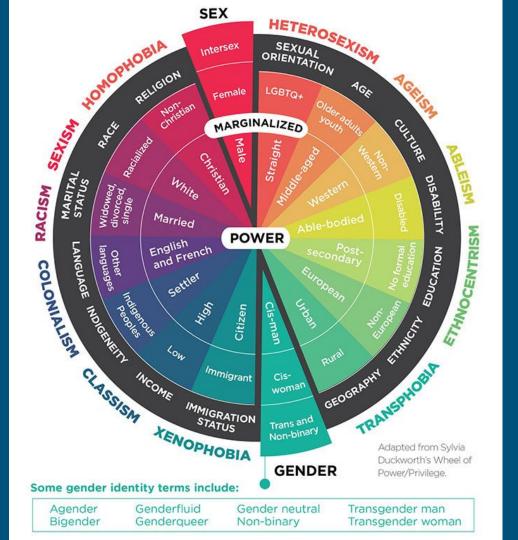
-Worksheet from Natalie

-write or circle your identities. Reflection questions for group and individuals. Which identities do you think about more about less?

Example: I do not have to use a wheelchair to get around, so I do not need to notice what buildings are wheelchair accessible. If I did, I would notice that way more!

—Find "Your Privilege Score activity" (Courageous Conversations) Unpacking the Invisible Knapsack activity, rate yourself —Adrienne Maree Brown's circle - nice language

Goal to do less harm. Recognize when we have caused harm. Acknowledge to the person/people when we have caused harm. Ask the hurt person/people how they want to be apologized/repaired.



Closing

- Gratitude
 - General for the time together and the space we created today.
 - Specific shoutouts
- The next session will be about ____ and will be on this date ____.
- Mindfulness activity, use from Resmaa Menakem or Ruth King

Module 5

Culture: white organizational culture to culture of care

Objectives: All will be able to:

- Define culture
- Understand that white organizational culture is the dominant culture in which we live and work
- Understand that

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

Community Agreements



- Stay engaged
- Lean into discomfort
- Own your learning
- Own your impact
- Expect/Accept non-closure
- Confidentiality

Outline

- 1. Introductions: facilitators & members
- 2. Go over equity curriculum (slides 2-4)
- 3. White Organizational Culture, shifting to a culture of care
- 4. Group discussion

Content

What is culture? Fish in water example & image.

Visioning exercise-what is the culture you want to live/work in? What does it sound like? Feel like? Look like?

Choose parts of these

- Article: White Culture 1 pager
- Article: White Supremacy Culture Still Here good definition of culture & wsc

Make clear that white people and non-white or BIPOC people have been socialized/trained to continue WSC. We can choose to be aware, reflect, and change our culture. It takes work. KJ share (literally body pain-ish when discovering how I practice WSC). Autumn share. Then show other article with characteristics & shift to/antidotes.

- Article: White Dominant Culture & Something Different nice 2 columns, similar to antidotes
- Article: White Supremacy Culture From Dismantling Racism: A Workbook for Social Change Groups, by Kenneth Jones and Tema Okun, Change Work, 2001 great overview of characteristics and antidotes

Maybe split into a few groups? — allow choice, encourage if identify as white or BIPOC- what to expect in white dominated/white organizational cultures & spaces, (code switching, white saviorism & how to navigate, white supremacy culture, sexism/patriarchy) & White people doing this work-how to build accountability & resilience (Sona, LaJuan, Kerstin & apprentices/IP)

Discussion Questions: Alone or in small groups (whatever learning style works best for you):

- What are your initial thoughts and feelings?
- Look at the characteristics of white culture. What ones stand out to you that have caused you harm? What ones do you see yourself practicing?
- Shifting to a culture of care: look at the antidotes/shifts. What would that feel like or be like to have a dominant culture like that? How would that change things?
- Challenge: choose the characteristic that is most powerful/ingrained in you. For the next week, practice being aware of when that comes up in you. Just notice it.

Whole group share outs

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Content

Other resources

https://drive.google.com/drive/folders/19mZ-MEYluut4HXWCv_Wnntea4Sq ha2jR?usp=sharing

https://livingcities.org/blog/1417-finding-myself-beyond-white-institutional-culture/

Closing

- Gratitude
 - General for the time together and the space we created today.
 - Specific shoutouts
- The next session will be about ____ and will be on this date ____.
- Mindfulness activity, use from Resmaa Menakem or Ruth King

Module 6 Resiliency & Racial Healing

Objectives: All will be able to:

- Take steps towards
 - -recognize our common humanity
 - -acknowledge the truth of past wrongs
 - -build authentic relationships
 - -transform workplace & communities
 - belonging

Facilitator Introduction Slide Template

- Name (pronounce & reiterate how you want it pronounced)
- Pronouns
- Title, Org/Department/Division/Workgroup
- 1-2 minutes on your journey with this work and "your why" for this work

1-2 photos that share you & your culture

Outline

- 1. Introductions: facilitators & members
- 2. Go over equity curriculum (slides 2-4)
- 3. —-
- 4. Group discussion

Community Agreements



- Stay engaged
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- Own your impact
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Content

Develop this, Carmelita

resiliency (mind, body spirit) Ruth King Meditation Prentis hemphill

Closing

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- Mindfulness activity, use from Resmaa Menakem or Ruth King

Ongoing sessions

to revisit topics from modules 1-6, and other topics

Topics

- Definitely revisit topics to get towards "Immersion 1": more history & policies, Individual Reconciliation --internalized superiority/inferiority -privilege-fragility-anti racism
 - History <u>Resources</u>
 - PARD history, Kim McKnight's, "The Trouble with Being Green" Rusty Hecker & Rocio Villalobos's presentation,
 Equity Office's timeline
- Intersectional environmentalism
 https://docs.google.com/presentation/d/1Qs9o33TPllfZbaSWThACf6J61jft7ej5Z1jN2RdgLlo/edit#slide=id.g946215e05f_0_110
- Resiliency-affinity spaces
- Individual (small group) discovery and projects

Pathway specific equity module

co created by Sona, KJ, LT & pathway team leads/SPOCS

Just add the links to modules, not include each slide below

Pathway Specific Equity Modules

- Land Management (Already incorporated into existing modules)
- <u>Forestry</u>
- Green stormwater infrastructure
- Environmental Education
- Museums and Cultural Programs
- <u>Digital Media</u>

Leading with Racial Equity

By Sona Shah, LaJuan Tucker, and Kerstin Johansson

Learning Objectives

- Understand difference between equity and equality
- Definition of racial equity and why City leads with this
- Examine examples of PARD programming implementing racial equity improvements
- Review Government Alliance on Race and Equity Framework





Equal **Resources**

Equal Outcomes

City of Austin Strategic Direction 2023

"To advance equitable outcomes, the City of Austin is leading with a lens of racial equity and healing. Race is the primary predictor of outcomes and it is time to recognize, understand, and address racism at its various levels: personal, institutional, structural, and systemic."

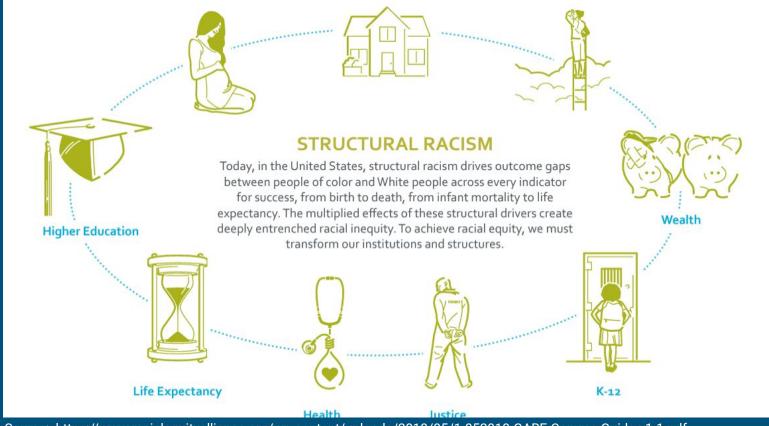
Racial Equity

Definition

The condition when race no longer predicts a person's quality of life outcomes in our community.

"If we are not proactively addressing equity, we're perpetuating injustice."

-Austin Community Climate Plan



Source: https://www.racialequityalliance.org/wp-content/uploads/2018/05/1-052018-GARE-Comms-Guide-v1-1.pdf

Austin Civilian Conservation Corps

ACCC Background

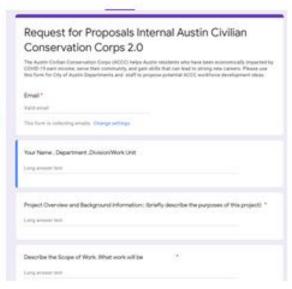
The Austin Civilian Conservation Corps helps Austinites who have been economically impacted by COVID-19 earn income, serve their community, and gain skills that can lead to strong new careers in conservation and sustainability fields.

Key points

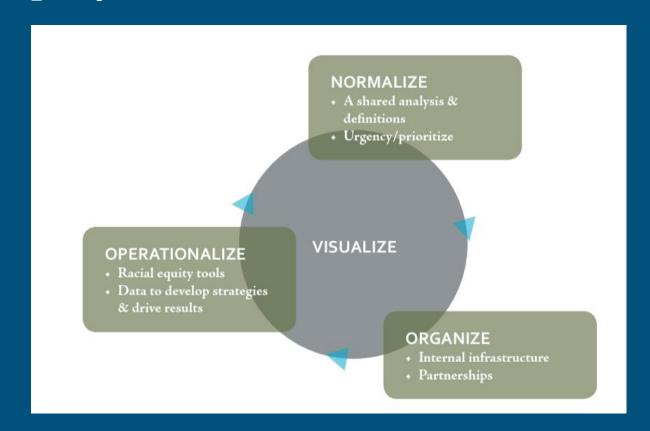
- Created by Council Resolution 20200507-061 (May 2020).
- COVID-19 recovery workforce program focused on green jobs, modeled (in spirit) after
 1930s CCC program
- Focused on creating equitable access to low-barrier programs that provide income, support, and pathways to additional jobs/careers/training
- Run by a program team with representatives from multiple departments
- Transition to PARD with 5 Million allocation for workforce development

ACCC Proposal

- Current open ACCC positions
 - Crew Leader and Crew Member Positions Available
- Request for Internal COA proposals (rolling basis)
 - Can include external partners, departments and agencies
 - Addresses equity
 - Pathways to advancement
 - Leverage funding to expand opportunities



GARE Equity Framework







Source: https://dpi.wi.gov/sites/default/files/imce/excforall/Facilitators_Guide_for_Unit_3_Session_3_Color_Blindness_1.pdf



MY API LIVE

Accessible, Pertinent Information

Get accurate COVID-19 information from the Asian Pacific Islander (API) Work Group

Join Us Live on the Austin Public Health Facebook Page

Facebook.com/AustinPublicHealth on the 2nd and 4th Friday

of every month, at 10 a.m.

မြန်မာဘာသာအတွက် 512-768-8862 ကို ဖုန်းခေါ် ဆိုပါ

Xin goi 512-729-6206 để nghe bằng tiếng Việt

拨打512-846-7161 中文普通话收听



Facebook.com/AustinPublicHealth











Stories from the South



Archiving Your Family History



Resources

- 10 Anti-racist Action Steps by Dear White Women Podcast
- National Museum of African American History & Culture's Talking About Race Portal
 - Whiteness
- Mindful of Race: Transforming Racism from the Inside Out by Ruth King
- National Recreation and Park Association Equity Resources

Questions?

Leading with Racial Equity

PARD Community Recreation Division April 28, 2022

Sona Shah, Equity & Inclusion Program Manager





Janet Moore, Recreation Program Supervisor Oswaldo A.B. Cantu / Pan American Recreation Center



Jason Miller, Recreation Program Supervisor South Austin Senior Activity Center (SASAC)





Outline

- 1. Why do we lead with race?
- 2. Equality vs. Equity
- 3. Implicit Bias & Microaggressions
- 4. NRPA Language Guide
- 5. Group discussion

Community Agreements

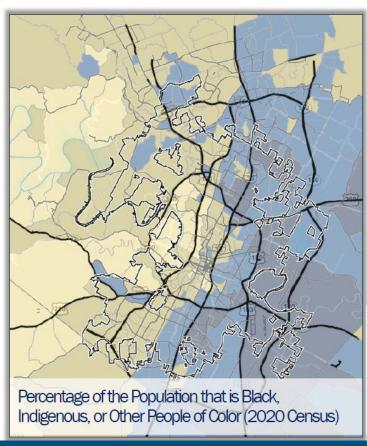


- Stay engaged
- Lean into discomfort
- Own your learning
- Own your impact
- Expect/Accept non-closure
- Confidentiality





Racial and Economic Segregation



Census 2020 Population Data by Race/Ethnicity

0% - 25% BIPOC

25% - 50% BIPOC

■ 50% - 75% BIPOC

75% - 100% BIPOC

Study: Austin is Most Economically Segregated Metro Area

Among the largest metro areas in the country, Austin ranks as the place where wealthy, college-educated professionals and less-educated, blue-collar workers are least likely to share the same neighborhoods.

BY EMILY BADGER, THE WASHINGTON POST FEB. 23, 2015 6:17 PM



Stevie Ray Vaughn @ Trey Ratcliff

Values that Support Quality of Life in Austin

- Equity
- Affordability
- Innovation
- Sustainability & Resiliency
- Proactive Prevention
- Community Trust and Relationships

City of Austin Strategic Direction 2023

"To advance equitable outcomes, the City of Austin is leading with a lens of racial equity and healing. Race is the primary predictor of outcomes and it is time to recognize, understand, and address racism at its various levels: personal, institutional, structural, and systemic."

Racial Equity

Definition

The condition when race no longer predicts a person's quality of life outcomes in our community.





Equal Resources

Equal Outcomes

Implicit Bias

Definition

Negative unconscious prejudices, stereotypes, or beliefs held by a person that they may be unaware of having. Despite this unawareness, implicit biases are often expressed in real-life situations through a person's actions and attitudes and thus have real-world implications.

Our biases drive 99% of our behaviour.





Microaggression

Definition

Negative unconscious prejudices, stereotypes, or beliefs held by a person that they may be unaware of having. Despite this unawareness, implicit biases are often expressed in real-life situations through a person's actions and attitudes and thus have real-world implications.





Source: https://dpi.wi.gov/sites/default/files/imce/excforall/Facilitators_Guide_for_Unit_3_Session_3_Color_Blindness_1.pdf

NRPA Language Guide

MARGINALIZED

RACISM

RACIALLY CHARGED
/ MOTIVATED

Being treated as insignificant or peripheral. Avoid this term in general when describing people because it can come across as condescending and have negative connotations when used in a broad way.

Racism is racial prejudice — an unjustifiable, and usually negative, attitude based on someone's race — plus the power to carry out discrimination through social and institutional power.

In writing, avoid using terms like "racially charged" or "racially motivated." Instead, be specific about the type of discrimination. If the term racist/racism is appropriate, use it. Don't try to gloss it over.

UNDER-REPRESENTED

Often an effective term when discussing communities and populations. As always, specificity and context guide the best usage, but this term often works well when discussing less-specific groups.

UNDER-RESOURCED

This refers to communities lacking in income, employment opportunities, educational opportunities, access to care, access to healthy foods, access to safe places to exercise and other resources. **Use only in a literal sense.**

UNDERSERVED

Exercise caution with this word. It can have negative connotations, as if people need to be served to succeed. It can, sometimes, support the negative "savior" idea. Under-resourced is usually a better option.

PEOPLE OF COLOR

- •people of color: Use caution with this term. It can be acceptable in broad references to multiple races other than white. Be aware, however, that many people object to the term for various reasons, including that it lumps together anyone who isn't white into one monolithic group. As always, be as specific as possible.
- Avoid using the term "Black, Indigenous and people of color", which some see as more inclusive by distinguishing the experiences of Black and Indigenous people, but others see as less inclusive by diminishing the experiences of everyone else.
- Do not use the shorthand POC or BIPOC unless necessary in a direct quotation.

 Do not use "person of color" to describe an individual.

CISGENDER

•cisgender: A term used to describe a person whose gender identity aligns with those typically associated with the sex assigned to them at birth.

GENDER EXPRESSION

•gender expression: External appearance of one's gender identity, usually expressed through behavior, clothing, body characteristics or voice, and which may or may not conform to socially defined behaviors and characteristics typically associated with being either masculine or feminine.

GENDER IDENTITY

•gender identity: One's innermost concept of self as male, female, a blend of both or neither — how individuals perceive themselves and what they call themselves. One's gender identity can be the same or different from their sex assigned at birth.

LGBTQ+

•LGBTQ+: An acronym for "lesbian, gay, bisexual, transgender and queer." The acronym is acceptable to use on its own without spelling out on first instance. You also may see "LGBTQIA+" used.

non-binary: An adjective describing a person who does not identify exclusively as a man or a woman. Non-binary people may identify as being both a man and a woman, somewhere in between, or as falling completely outside these categories. While many also identify as transgender, not all non-binary people do.

NON-BINARY

pronouns: Always use a person's preferred pronouns (they/she/he) and do not assume you know what someone's preference may be. Initiate a conversation by saying something like, "My preferred pronouns are... How should I refer to you?" When writing hypothetically about people, do not use "him/her." Instead, use "they/their/them" even for singular pronouns.

PRONOUNS

transgender: An umbrella term for people whose gender identity and/or expression is different from cultural expectations based on the sex they were assigned at birth. Being transgender does not imply any specific sexual orientation. Therefore, transgender people may identify as straight, gay, lesbian, bisexual, etc.

TRANSGENDER

AGEISM

ageism: Ageism is the stereotyping and discrimination against individuals or groups on the basis of their age.

OLDER ADULTS

older adults: Preferred over senior citizens, seniors or elderly as a general term when appropriate and relevant. It is best used when referring to groups of people and not specific individuals.

CAREGIVER

Caregiver: "Caregiver" is preferable to "caretaker" when referring to the care of people.

HOMELESS

homeless: An individual who lacks a fixed, regular and adequate nighttime residence. Use person-first language: people experiencing homelessness; avoid "homeless people" or the "homeless". The term, "homeless shelter" may be used, although some prefer the term, "emergency shelter."

LOW INCOME

•low income/low-income: Low-income communities is an acceptable term, but it is important to note that "low income" or "low-income community" has historically served as an implicit descriptor for people of marginalized races and/or ethnicities.

POVERTY

•poverty: A level at which someone lacks income, resilience and access to resources and services.

Discussion

Resources

- 10 Anti-racist Action Steps by Dear White Women Podcast
- National Museum of African American History & Culture's Talking About Race Portal
 - Whiteness
- Mindful of Race: Transforming Racism from the Inside Out by Ruth King
- National Recreation and Park Association Equity Resources