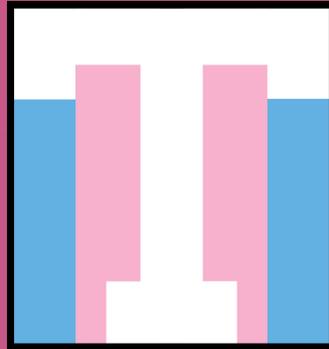


# Welcome to Transcend!



Transcend 

# Announcements

The Coming Out Monologues Workshop - October 4

Profit Share - October 7 at H&J's Teahouse

Emergency Contact Sheet

[QPR Training](#)

Murder Mystery Party Social

Upcoming Meetings

Makeup and Presentation - October 6

Clothing Swap - October 13

# Server Changes

#help-directory channel

no more #vent-breakroom

#buddy-system-carpool → #partner-up and #lets-hang-out

#spill-the-tea

# Land Acknowledgement

It is important that we demonstrate respect for the historic and contemporary presence of Indigenous Peoples in Texas and, particularly, here in the Brazos Valley. To that end, it is incumbent upon us to recognize that this event has been planned and hosted on what were historically the traditional territories of Indigenous Peoples who were dispossessed of their homelands.

Land Acknowledgements are an expression of gratitude and appreciation to the Indigenous Peoples, the traditional caretakers of the land, for the use of their lands on which we gather, share, and create. Transcend wishes to affirm continuous Indigenous presence and rights, acknowledge the ongoing effects of settler colonization, and express our support for Indigenous political, legal, and cultural sovereignty.

We would like to acknowledge that we are meeting on the Indigenous lands of Turtle Island, the ancestral name for what now is called North America. Moreover, we specifically acknowledge the traditional stewardship of this land by the Tonkawa, Tawakoni, Hueco, Sana, Wichita, and Coahuiltecan peoples, as well as all the American Indian and Indigenous Peoples and communities who have been or have become a part of these lands and territories in Texas.

# Land Action

Learn more about Indigenous territories on Turtle Island and whose land you are on: [www.native-land.ca](http://www.native-land.ca) or text the name of your city to (907) 312-5085.

Follow #LandBack on all social media platforms to find and support ongoing direct actions for Indigenous sovereignty.

If you are a settler, consider also making a monthly donation to the local tribes of the areas in which you live and work. One way to do that on our campus is by making a donation to the Native American and Indigenous Student Organization ([https://maroonlink.tamu.edu/organization/american\\_indian\\_student\\_assoc](https://maroonlink.tamu.edu/organization/american_indian_student_assoc)).

Native American and Indigenous Studies Program at the UT Austin (<https://liberalarts.utexas.edu/nais/>)

Indigenous Studies Working Group at Texas A&M (<https://www.facebook.com/IndigenousStudiesTAMU/>)

Texas A&M University Libraries (<https://tamu.libguides.com/NativeAmericanHeritageMonth>) for providing guidance, language, and resources for this acknowledgement.

# Content Warnings and Questions

We'll be taking anonymous questions through SLIDO!

Go to [Slido.com](https://www.slido.com) and use the code #4073315



This presentation won't include any pictures but will contain information about needles, blood, and body-altering medical procedures, please use the Ding Rule in SLIDO

# Community Agreements

- Take Space, Make Space
  - Take steps to make sure everyone has the chance to speak.
- Use “I” Statements:
  - Speak from your own point of view, rather than assuming others’.
- Assume good-faith.
  - But don’t be afraid to challenge something you disagree with.
- Progressive Stack and Hand-Raising
- WAIT (Why Am I Talking?)
- Jargon giraffe
  - If you don’t understand a term, raise your hand in the shape of a giraffe

# Gender-Affirming Surgeries

# Healthcare Discrimination

- there are very few doctors who specialize in GA surgery due to the very little circulation of research done on medical procedures, specifically for intersex people
- racism exists in medicine regardless of trans identities, so it's important to find a surgeon that maximizes your safety and to do your research ahead of time

# Availability -- Where to start?

Insurance may cover top and bottom surgery, as well as hysterectomy, but only with a medical diagnosis of gender dysphoria, through documentation from a psychiatrist or through prescriptions of hormones

Go to Austin a for surgeons!!

Insurance won't cover for any surgeries deemed "cosmetic"!

Surgeons are contacted directly or through specifically listed clinics

Different surgeons may have different pricing based on their experience or area

# **Feminization and MtF Surgeries**

# Facial Feminization Surgery

- meant to alter the bone structure and fat distribution of facial features

Upper third of the face: brow lift, hairline augmentation (hair transplantation or scalp advancement), forehead recontouring, eyesocket recontouring

Nose: rhinoplasty -- removing bone and cartilage from the nose and reconstructing the shape to be more pointed and thinner

Cheeks: cheek implants, either artificial or from fat taken from other parts of the body, as well as the removal and repositioning of bone, often done in addition to chin and jaw reduction to create a balanced look for the face

Chin and Jaw: bone and muscle can be shaved down to reduce the size of the jaw and create a rounded jawline

Lips: meant to decrease the distance between the end of the nose and the top lip, as well as increase the fullness of the lips, normally through lifting or injections

Cost: \$20,000-\$40,000, twice the cost of bottom or top surgery procedures, due to their “cosmetic” connotations and a very small number of doctors specializing in the surgery techniques

# Body Feminization Surgery

- trunk liposuction and buttocks augmentation -- fat is removed from the waist, abdomen, “love handles” and mid/lower back and then transferred to the butt, thighs and hips
- meant to accentuate the butt and hips to create a more feminine figure beyond the results of HRT fat redistribution
- Cost: \$3000 to \$15000, but a very cosmetic surgery and few specialists that work solely with trans individuals

# Voice Feminization Surgery and Chondrolaryngoplasty

-chondrolaryngoplasty -- shaving down the thyroid cartilage of the throat in order to reduce the size of an adam's apple

-cricothyroid approximation is the most common form of vocal surgery: cricoid cartilage is brought closer to thyroid cartilage in order to tense and elongate the vocal folds

-other surgeries shorten the vocal folds or use laser surgery to remove small portions of the vocal folds

-cost: \$7500-\$9000

# Breast Augmentation (top surgery)

-usually done through fat-grafting mammoplasty, removes small amounts of fat from the person's body and implants the fat into the chest wall to increase breast size in a way that holds the breasts' shape

Cost: \$5000-\$10,000, considered more cosmetic but more surgeons specialize in this procedure

# Genital Reconstruction Surgery (bottom surgery)

-Orchiectomy /orchidectomy -- the surgical removal of the testicles

-cost: \$5,500-\$7,500

-penile inversion vaginoplasty: the inversion of the penis to create a vagina, labia, and clitoris

-bowel vaginoplasty: abdominal surgery and bowel anastomosis

-cost: \$20,000

# **Masculinization and FtM Surgeries**

# Chest Reconstruction (top surgery)

- removal of mammaries, breast tissue, and fat
- can remove or reconstruct the nipples
- often cheaper if deemed as breast reduction surgery or necessary due to breast cancer risk
- cost dependent on chest size >:(
- a few styles exist depending on size of initial chest tissue, most common is double incision mastectomy and inverted T, but very small chests can qualify for keyhole or minimal scar options
- cost: \$5000 - \$10,000

# Hysterectomy, Oophorectomy, and Vaginectomy

Hysterectomy-- removal of the uterus and sometimes the cervix. Can be done with minimal incisions (yay lasers!) or through the vagina. Recommended to remove the cervix at the same time because it's a common place of cancer for people.

Oophorectomy -- removal of the ovaries (not as common because doctors prefer you have back-up hormones if you stop HRT before menopausal age)

Vaginectomy -- removal of all or part of the vagina

Cost: \$5,000 - \$8,000

# Phalloplasty

-the construction of a penis using the reconstruction of the clitoris, lengthened urethra, and the grafting of flesh and skin from the hip, arm, and thigh area, including inflation implants in order to perform erections

Cost: \$20,000-\$50,000



